

Is Doubting OK?

May 16, 2010

A good friend of mine, Adrian Rogers, the late pastor of Bellevue Baptist Church in Memphis once said, *"It is OK to doubt your beliefs, but it is a sin to believe your doubts"*. That is a very wise saying. God even challenges us to "argue" with Him. It is so we will have a better understanding of who He is and how He works and thinks. So how do we deal with our doubts? How do we come to grips with the nagging feeling that we don't really understand everything we are supposed to? How do we get beyond the things that cause us to doubt, even when we know the truth?

We can deal with our doubts when we understand the cause and apply the cure.

1. The CURSE of Doubt – (Not all doubt is good) Heb 11:6;
 - a. Doubt questions God's word – Gen 3:1-5
 - b. Doubt cancels God's promises – James 1:5-7
 - c. Doubt breeds spiritual instability – James 1:6-8
 - d. Doubt produces pessimistic people – Heb 11:1; John 21:24-25
2. The CAUSE of Doubt – (We will all doubt)
 - a. If we lack a true Salvation Experience – Rom 8:16
 - b. If we live hypocritical lives – 1 John 3:19-21
 - c. If we focus on feelings rather than faith – 2 Cor 5:7
 - d. If we fear God cannot fulfill His promises – Phil 1:6; Mal 3:10; Ps 81:10
3. The CURE for Doubt – (The opposite of the cause)
 - a. Reaffirmation of Salvation experience (write the date down) – Ps 22; Ps 18
 - b. Rededicate you life to the Lord (make a new commitment) – Ps 51:12-13
 - c. Redirect you focus from feelings to faith (feelings lie to you, faith is fact) – Ps 91; 2 Cor 5:17
 - d. Renew your trust in the Promises of God (God is faithful, ALWAYS) – Lam 3:22-25